

# CHURCH IN REGINA

## Local Announcements

1. Prayer Meeting—Group 1 in person; Group 2 by Zoom—Mar. 4
2. Bible Distribution at Univ of Regina—Mar. 7
3. Love Feast and Sisters' Meeting—Mar. 9
4. Brother Robert Lim's Visitation—Mar. 12-15

## Conferences & Training

1. **Chinese-Speaking Blending Conference—Feb. 14-16, Anaheim, CA**
2. International Training for Elders & Responsible Ones—Apr. 4-6, Anaheim, CA
3. Memorial Day Blending Conference—May 23-26, Phoenix, AZ
4. Summer Training—June 30-July 5, Anaheim, CA
5. International Training for Elders & Responsible Ones—TBD
6. Thanksgiving Blending Conference—Nov. 27-30, Indianapolis, IN
7. Winter Training—Dec. 22-27, Anaheim, CA

## CONTACT US

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## Experiencing, Enjoying, and Expressing Christ (1) - Week 7

The **primary purpose** for which the Lord Jesus came down out of heaven to the earth was **to accomplish one central matter**—to **give Himself** to us **as food—the bread of life**—so that He could be eaten by us as spiritual nourishment and be digested by us to become our constitution (John 6:50-51). This point introduces the word digested. **We need to digest the Lord** as the bread of life so that He can become our constitution.

In his ministry Brother Lee spoke much concerning eating the Lord. In 1972 he gave a number of messages on this matter, including those published as Eating the Lord. In chapter 1 of this book, Brother Lee says, "God ordained even before the foundation of the world that **our destiny, our future, would be to daily eat the Lord**" (The Collected Works of Witness Lee, 1972, vol. 1, p. 25). Revelation 22:14 indicates that the tree of life will be our eternal portion in eternity. Brother Lee continues: **What must Christians do? Eat the Lord!** What kind of Christian are you? We are Christians who eat the Lord. What kind of church do you have? A church that eats the Lord. Christians are people who eat the Lord. **This is the Lord's recovery.** What is the Lord recovering? The Lord is **recovering the matter of eating Him** (p. 25).

This should encourage us to **press on** in our eating of the Lord, and even to do so with **a sense of urgency**. We should not take the things that we are hearing...for granted, and we should not react to these things in a superficial way. After hearing about the jubilee, we may react with temporary, outward excitement. But **are we inwardly eating** the word concerning the jubilee? Are we truly enjoying and being constituted with this word? Or **are we simply reacting** to this word with a kind of outward excitement? **The real test comes in our daily life.**

To be those who are genuinely enjoying the reality of the jubilee, we need to eat the Lord. This is **a daily matter**. This is also true for our physical lives. If we do not eat properly, we will not be healthy...

**It takes labor and dealing with the Lord for us to enter into the experience of digesting and assimilating the Lord as the bread of life.** We should not eat the Lord in a casual or lighthearted way. To be constituted with the Lord requires that we not only eat but also digest Him. The Lord as the bread of life needs to be digested by us to **become our constitution**. We need to take time to behold the Lord, and we need to guard our time with the Lord from distractions. Day by day and year by year, we need to develop the exercise and practice of spending time with the Lord. In this way we can properly digest the things that we hear (Excerpts from the Ministry of the Word, vol. 28, no. 97, pp. 165-167).

# PRAYER BURDENS

1. Lord, You are “the bread of life”, the “true bread”, and “the living bread” to be our food and spiritual nourishment. As we read Your word, remind us to eat of You as the rhema to be our constitution.
2. Lord, we are hungry. We need You as our food and life supply. Impress us with our need today – which is to eat You as the food that abides unto eternal life.
3. Thank You for shedding Your blood for us and imparting Your life into us for our nourishment. You are the Lamb slain not just to feed us but to redeem us. We daily eat of You so that we may live by You.
4. Lord, cause us to exercise our entire being especially our spirit when coming to the word to contact You and receive the life-giving Spirit. May we have a deep realization that it is through our eating of You as the bread of life that we live.
5. Lord, we receive You as the crucified and resurrected Savior. Thank You for being the Spirit that gives life and imparts to us eternal life. May we call on You day by day and moment by moment and receive the Spirit as Your person into us.
6. Bring us to a deeper realization that our need today is to receive the Spirit in the Word. May the logos turn into rhema when we contact You as the life-giving Spirit embodied in the Word.

## North America/Europe/Other Burdens

1. Please pray for the translation work of the New Testament Recovery Version into Czech and Slovak. Pray for the translation team in their learning of Greek and in their uninterrupted work of translating the NT text and footnotes.

## Church in Regina

1. Pray for the propagation work in Saskatchewan. Strengthen the saints in Foam Lake, Yorkton and Stenen. Encourage them and supply them that there would be a lampstand in Yorkton for Your testimony. Remember Bro. Isaac, Bro. Charles, and Bro. William.
2. Pray for our upcoming Bible distribution at the University of Regina on March 7. Bring the hungry ones to receive the Bible. Pray for our new ones—Matthew, Dane, Zara, Christine.
3. Pray for the continuing of the Chinese-Speaking Bible Reading. Remember Bro. Nathan, Sis. Cassie and our new ones: Doris Di, Julie Cao, Wendy Wang, and Tina Huang.
4. Pray for positive and immediate approval of all the permanent resident immigration papers:
  - > Alforte Family (Radam and Rosalina)
  - > Orolfo Family (Wilson and Jenny and their three children)
  - > Jerome Family (Pravin and Abinaya and their two children)
  - > Temonio Family (William and Melanie and their two children)

## WEEKLY SCHEDULE OF MEETINGS:

- Lord's Table & Prophesying—Lord's Day 10:00-12:00PM
- Prayer Meeting—Tuesdays 7:00-8:00PM
- Home Meeting—Wednesdays 6:00-7:00PM
- Chinese-Speaking Bible Reading—Wednesdays 8:00-9:00PM
- College Meetings—Fridays 7:30-8:30PM
- YP Meetings—Sundays 3:00-4:30 PM
- Children's Meeting—Saturdays 10:00-11:00AM
- Small Group Meetings—Fridays/Saturdays 7:00-9:00PM