

# CHURCH IN REGINA

ISSUE # 6 | FEBRUARY 8, 2026 | VOLUME XIV

*Go therefore and disciple all the nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit.*  
~ Matt.28:19

God wants our heart to be pure. **The one virtue that is the hardest to find among Christians is purity.** One can easily find power, but it is difficult to find purity. God wants our heart to not only be clean but also be pure. **To be clean** means that you have been **cleansed**, but **to be pure** means that your **intention and motive are single, unique**. You have only **one aim**, which is **God**, and you have only **one purpose**, which is to **gain Christ**. This is a pure heart, a single heart.

When your heart has more than one purpose, intention, or pursuit, it is difficult for you to grow. You may be thinking about God in one moment and then about someone or something else in the next. We are often like this; we love the Lord, but while we are for the Lord and pursuing Him, we are **simultaneously pursuing something else in a hidden way**. It may be our career, marriage, or anything else that is not God. When our heart has more than one goal or pursuit, this results in division. When our eyes try to focus on two things at the same time, everything becomes a blur, and we cannot see clearly. **There is a desperate need for our eyes to be single and our heart to be pure.**

In order to **preserve our spirit**, we must exercise ourselves to **have a conscience without offense toward God and men**. If our conscience is condemning us all the time, or if it is constantly unclean, defiled, and full of offenses, our spirit will not be preserved. For this reason we must deal with our conscience all the time and exercise to have a conscience without offense.

In order to cooperate with God to **preserve our soul** in sanctification, we must **clear the three main “arteries” of our psychological heart**, the parts of our soul—our mind, emotion, and will. In order for our soul to be sanctified, our mind must be renewed to be the mind of Christ (Rom. 12:2), our emotion must be touched and saturated with the love of Christ (Eph. 3:17, 19), our will must be subdued by and infused with the resurrected Christ (Phil. 2:13; cf. S.S. 4:4a; 7:4a), and we must love the Lord with our whole being (Mark 12:30). We need to give the Lord a free way in our mind, emotion, and will. Do not allow blockages to build up in these “arteries.” In order to keep these arteries flowing and free of blockages, we must constantly deal with the Lord.

The way to unclog the three main arteries of our psychological heart is to **make a thorough confession to the Lord**; we need to stay with the Lord for a period of time, asking Him to bring us fully into the light, and in the light of what He exposes, we need to confess our defects, failures, defeats, mistakes, wrongdoings, and sins (1 John 1:5-9). In order to unclog the artery of our mind, we need to confess everything that is sinful in our thoughts and in our way of thinking. In order to unclog the artery of our emotion, we need to confess the natural and even fleshy way that we have expressed our joy and sorrow and also that, in many cases, we hate what we should love, and we love what we should hate. In order to unclog the artery of our will, we need to confess the germs of rebellion in our will. **If we take the time necessary to unclog the three main arteries of our psychological heart, we will have the sense that our entire being has become living and is in a very healthy condition.**

**No one can graduate from the practice of confession and repentance**, for this is the way to deal with our psychological heart and to keep it clear of blockages. Do not be afraid to confess and repent. We need to learn to spend time with the Lord, even for a prolonged period of time, in order to confess and repent. We need to learn to stay with the Lord until the light breaks through and until we are exposed through His shining and judging. Then we will have a genuine confession of many things. This is how to unclog the arteries of our heart.

In order to cooperate with God to **preserve our body** in sanctification, we must present our body to Him so that we may live a holy life for the church life, practicing the Body life in order to carry out God's perfect will (Rom. 12:1-2; 1 Thes. 4:4; 5:18). We need to **present our bodies as a living sacrifice again and again**. We need to possess our body, our vessel, in sanctification and honor (Excerpt from Ministry of the Word, vol. 29, no. 07, pp. 109-132).

## Church Announcements:

1. Prayer Mtg by area – Feb 10
2. ICSC – Feb 14 to 16  
\*Combined Local Viewing on Feb 16 at RWPC
3. Prairie College Conference – Feb. 21 to 22

## Conferences & Trainings

1. Chinese-Speaking Conference – Feb. 13-15 Anaheim CA USA
2. Spring ITERO – Mar. 20-22 Anaheim CA USA
3. Memorial Day Conference – May 22-25, Dallas TX USA
4. Summer Training – Jun. 29-Jul.4 Anaheim CA USA
5. Fall ITERO – Sept. 24-26 Amsterdam Netherlands
6. Thanksgiving Conference – Nov. 26-29 Denver CO USA
7. Winter Training – Dec. 21-26 Anaheim CA USA

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# PRAYER BURDENS:

1. Establish in us a heart that is blameless in holiness before You. We guard our hearts with all vigilance that we may have a mind that mind the things of God, emotion that loves what You love, and a will that is aligned with Your will.
2. Lord, we confess that our hearts are changeable. Renew it continually by the sanctifying Spirit so that it can be established, built up, and be in a holy state, separated, occupied, possessed, and saturated with God.
3. Lord, soften our hearts to be yielding to You, pure in seeking You, loving in receiving and returning Your love, and peaceful with a clear conscience.
4. Preserve us wholly and completely. Sanctify our spirit, soul, and body. We cooperate with You by exercising our spirit through rejoicing, praying, and giving thanks that our spirit may always be living.
5. Have mercy on us that we would take time to unclog the three main arteries of our psychological heart. Renew our mind, touch and saturate our emotions, and subdue and infuse our will with the resurrected Christ.
6. Lord, we give You our cooperation to abstain from any worldly defilement. Save us from following our old man. Sanctify and preserve us that we would buffet our bodies and lead it as a slave to fulfill our holy purpose.

## North America/Europe/Other Burdens

1. Pray for the short-term shepherding trips and migrations to French-speaking Europe. Please pray:
  - That the Lord will raise up lampstands in Rouen, Versailles, Esch-sur-Alzette (Luxembourg), Geneva (Switzerland), Marseilles, Caen, Nante, and Montpellier.
  - That the Lord will increase the team of full-time serving ones in Paris to take care of the Lord's needs throughout French-speaking Europe. Please pray for the release of long stay visas for these saints.
  - That many students, families, and mature saints will migrate to France within the next several years for the Lord's interest.

## Local Burdens:

1. Pray for the purchase of the meeting hall.
2. Pray for the 14 registered college students who are attending the Prairie College Conference
  - Brothers: Matthew, Jaspyn, Marcel, Eric
  - Sisters: Chiara, Bola, Anu, Gianna, Deborah, Noeline, MJ, Prisca, Hannah, Christine
3. Pray for positive and immediate approval of the permanent resident immigration papers of Alforte and Gonzales families.

# WEEKLY SCHEDULE OF MEETINGS:

- ✓ Lord's Table & Prophesying—Lord's Day 10:00-12:00PM
- ✓ Prayer Meeting—Tuesdays 7:00-8:00PM
- ✓ Chinese-Speaking Bible Reading—Mondays 7:15-8:15PM
- ✓ College Meetings—Fridays 6:30-8:30PM
- ✓ YP Meetings—Sundays 4:00-5:30 PM
- ✓ Children's Meeting—Saturdays 10:00-11:00AM
- ✓ Small Group Meetings—Fridays/Saturdays 7:00-8:30PM