




Restricting the Mind and Exercising the Spirit in Reading the Bible

Message 15 of "How to Enjoy God and How to
Practice the Enjoyment of God"




Beatrice

One of our problems when we study the Word is that we read with our mind. Instead of eating and drinking Him, we only think about God. We need to continually remain in our spirit when we read the Bible.





Mikneiah

- The mind is a bothersome thing
 - It wanders to different places and causes us to fantasize
 - Imagination begins to operate and all kinds of thoughts
 - we must restrict our mind
 - Guard our thoughts
 - Exercise our spirit
 - Reject our thoughts
- 



Gabriel



Exercising our spirit and not our mind does not mean that we should absolutely forget about our mind. Rather, it means that we should touch this book with the deepest part of our being and not merely understand or ponder over it with our mind.



GIANELLE

We Should All Restrict Our Minds And Exercise Our Spirit In Reading The Bible

We should touch the Bible with our deepest part of our being and not merely understand or ponder over it. If ponder over it, then it becomes a book of letters in our hands, which is something dead. We should be contacting the Lord with our spirit by reading, listening, and memorizing. Then the Bible will be spirit and life to us.

Brothers and Sisters we must exercise our spirit and not our mind while reading the Bible. This should be the way we exercise our spirit, when reading the Bible.