

“WORD OF LIFE”

March 08, 2026

54. CHRIST – HIS PERSON (34)

T. TO THE BELIEVERS

32. The **Armor**

*The **Girdle** of Truth, The **Breastplate** of Righteousness,
The Firm Foundation of the Gospel of Peace (the **Shoes**), The **Shield** of Faith,
The **Helmet** of Salvation, The **Sword** of the **Spirit***

Suggested Hymns: # 887 (hymn for introducing the subject), # 1097 / # 224 / # 20

✚ “... the **words** which I have spoken to you are **spirit** and are **life**,” (John 6:63)

Eph 6:10 - Finally, be **empowered** in the Lord and in the **might of His strength**.

Eph 6:11 - **Put on** the **whole armor** of God, that you may be able to **stand** against the stratagems of the devil,

Eph 6:14 - ... having girded your **loins** with **truth**

... having put on the **breastplate** of **righteousness**

Eph 6:15 - ... having shod your **feet** with the firm foundation of the gospel of **peace**;

Eph 6:16 - ... having taken up the **shield** of **faith**,

Eph 6:17 - ... receive the **helmet** of **salvation**
and the **sword** of the **Spirit**, which *Spirit* is the **word of God**,

✚ “... it **pleased** God, who ... called me through His grace, **To reveal** His Son in me ...,” (Gal 1:15-16)

❖ **Christ** is the **armor of God** that we **put on** for our protection against the stratagems of the Devil.

✓ The whole armor of God is **for** the entire Body, the corporate warrior,

✓ **Only** the **corporate warrior**, can fight the **spiritual warfare** in the **Body**.

➤ The **girdle** of **truth**, strengthen our **entire being** to make us **stand**

• The **truth** with which we are girded for spiritual warfare is the **Christ** we **experience**.

• **Truth** is **God** in **Christ** as reality, **our living**

➤ The **breastplate** of **righteousness** covers our **conscience** from enemy’s accusations

• **Righteousness** is a matter of being right with both God and man.

• Such **righteousness** is **Christ**; righteousness is **related** both to **Christ** and to His **blood**, **our covering**.

➤ The **feet** with the firm foundation of the gospel of **peace** is **Christ**, that we may stand to fight.

• **Peace** was **accomplished** by **Christ** on the **cross** for us to be one with God and the believers

• We fight in **peace** and with peace we fight by standing in peace; **our standing**

➤ The **shield** of **faith** is our safeguard against the fiery darts, the attacks, of the enemy

• **Christ** is the Author and Perfector of such **faith** (Heb. 12:2)

• **Faith** **comes after** truth in our living, righteousness as our covering, and peace as our standing, **our protection**

➤ The **helmet** of **salvation** for covering our **mind**, our **mentality**, against the negative thoughts injected by Satan.

• God’s **salvation** is the covering we take up against anxieties and other weakening thoughts.

• Such a **salvation** is the saving **Christ** we experience in **our daily life** (John 16:33).

➤ The **sword** of the **Spirit** is our weapon for attacking the enemy.

• The **Spirit** is the **word** of God, both of which are **Christ**

• **The sword is the Spirit**, and **the Spirit is the Word**.

✚ “... ‘I believed, therefore I spoke,’ we also **believe**, therefore we also **speak**,” (Psa. 116:10; 2Co 4:13)

✚ The girdle of **truth** for our living, the breastplate of **righteousness** for our covering, and the firm foundation of the gospel of **peace** as our standing **are all Christ**. We are **protected** by the shield of **faith** and **guarded** by the helmet of **salvation**. As we engage in spiritual warfare against the enemy, our only weapon is the **Spirit-Word**, which is the **sword** that **slays the enemy**.

*{Reference: The Conclusion of the New Testament Ch. 51 letter T-32
[Preparing this “word of life” (SUPPLYING THE WORD IN MEETINGS OF MUTUALITY) was motivated by:
The Elder’s Training Book 8, Ch. 4, and The Administration of the Church and the Ministry of the Word, Ch. 11]}*

Hymn 124
Praise the Lord—
His Victory and Exaltation

1 Praise Him! praise Him!
Christ is Victor! [1John 5:4]
He has won the victory! [1Cor. 15:57]
Sin is judged, old Adam finished,
Full redemption now we see!
Vanquished all the evil powers
Thru the Cross triumphantly!

2 Praise Him! Christ is resurrected!
God hath raised Him [Acts2:23-24]
from the dead!
All the pow'r of death [1Cor. 15:26]
is swallowed, [1Cor. 15:54]
Man from death to life is led!
Broken through are hell [John 5:24]
and darkness
And His pow'r exhibited!

3 Praise Him! [Eph. 1:20-21]
Christ hath now ascended!
God hath raised Him to the throne!
Far above all rule and power, [Phil.2:9-10]
He the highest Name doth own!
All authority receiving [Matt. 28:18]
Till His foe is overthrown!

4 Hallelujah, Christ the Victor
Triumphed on Mt. Calvary!
Hallelujah, resurrected, [Luke 24:6-7]
He displays His victory! [Luke24:50-51]
Hallelujah, now ascended, [Mark 16:19]
He shall reign eternally! [Rev. 11:15]

1Tim. 1:18 –
This charge I commit to you, ...,
according to the prophecies previously
made concerning you,
that by them you might war the good
warfare,

1Tim. 6:12 –
Fight the good fight of the faith; lay hold
on the eternal life, to which you were
called and have confessed the good
confession before many witnesses.

2Tim. 4:7 –
I have fought the good fight; I have
finished the course; I have kept the faith.

[Hymn 887 – for introducing the subject]

Hymn 224
Praise the Lord—
Remembrance of Him

1 As we're sharing of the cup, [Matt.26:27-28]
How can we restrain our praise;
For the blood Thou shedd'st for us,
Worth of which none can appraise.
O how precious is Thy blood!
All our problems it resolves; [Heb. 9:22]
In Thine efficacious blood
All our care and fear dissolves.

2 It is by this blood of worth
The New Testament was made;
For this better covenant, [Heb. 8:6; 9:12]
'Tis a sure foundation laid.
We have been redeemed by God,
Not with silver or with gold, [1Pet 1:18-19]
But, Lord, with Thy precious blood,
Which Thy love doth e'er unfold.

3 For remission of our sins
Thou hast shed Thy cleansing blood.
Which for us has fully met [Eph. 1:7]
All the righteous claims of God.
Thou hast washed us from our sins
In Thy pow'ful purging blood; [Heb. 9:14]
And our conscience purged by it,
Thus to serve the living God.

4 By Thy separating blood,
We have all been sanctified; [1Pet. 1:18-19]
'Tis by Thy preserving blood
Holiness is testified.
By Thy propitiating blood, [Rom. 3:25]
We have all been justified; [Rom. 5:9]
'Tis by Thy redeeming blood [Rev. 5:9]
God is fully satisfied.

5 Thru Thy blood shed on the cross,
We are reconciled to God, [Col. 1:20]
That the way to contact Him
May in peace by us be trod.
By partaking of Thy blood, [Luke 22:20]
We have Thine eternal life; [John 6:54]
In Thy blood and life received,
We have rest, free from all strife.

6 Now, in heav'n Thy sprinkled blood
Speaks for us of better things; [1Pet 1:2]
Under its defending pow'r [Heb. 12:24]
We are kept from Satan's stings.
By Thine overcoming blood, [Rev. 12:11]
We defeat the enemy; [Rev. 7:9, 14]
Over our accuser thus,
We will have the victory.

7 Of Thy blood, for fellowship, [1John 1:7]
We commune with all Thy saints;
Under its full covering,
Our freed spirit never faints.
How can we exhaust, in words,
The account of Thy dear blood;
We will need eternity
To declare its boundless good.

Hymn 20
Worship of the Father—
His Righteousness

1 God our Father, we adore Thee,
For the sake of righteousness;
Thou in Christ hast justified us, [Rom. 5:1]
Who our conscience can depress?
Thou art righteous, and art faithful,
On Thy righteousness we stand; [2Tim.2:13]
No unrighteousness is in Thee,
None can turn Thy righteous hand.

2 Thou hast laid our sins on Jesus,
By Thy justice He was killed; [Isa.53:6]
All Thy holy law's requirements
For Thy justice He fulfilled. [Rom. 8:4]
Recompense from Him receiving,
Thou art fully satisfied;
How couldst Thou,
O God most righteous, [John 17:25]
Claim it once more from our side?

3 Father God, Thou hast accepted
Jesus as our Substitute; [2Cor. 5:21]
Judged the Just One for the unjust,
Couldst Thou change Thy attitude?
As a proof of perfect justice, [Heb. 1:3]
At Thine own right hand He sits;
He, as Thy full satisfaction,
Righteously Thy need befits.

4 Father, through the blood of Jesus
We possess Thy righteousness; [Rom.5:21-26]
By Thy righteousness protected,
None can shake our steadfastness.
Righteousness of Thine
Thou mad'st us,
None can ever us condemn; [Rom.8:1, 34]
We'll forever testify this
In the new Jerusalem.

Psa. 11:7 –
For Jehovah is righteous;
He loves righteous deeds.
The upright man will behold His face.

Psa. 145:17 –
Jehovah is righteous in all His ways,
And faithfully kind in all His doings.

2Tim. 4:8 –
Henceforth there is laid up for me the
crown of righteousness, with which the
Lord, the righteous Judge, will
recompense me in that day, and not only
me but also all those who have loved His
appearing.